



West Virginia Soccer Association

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(304) 252-9872 - (800) 894-9872 - Fax: (304) 252-9878

December 29, 2021

To: All WVSA Clubs, Board of Directors & Staff and All WVSA Members

Re: WVSA COVID-19 Update - Change In CDC Recommendations

Fr: Dave Laraba – WVSA Executive Director

From the CDC: Given what we currently know about COVID-19 and the Omicron variant, CDC is shortening the recommended time for isolation from 10 days for people with COVID-19 to 5 days, if asymptomatic, followed by 5 days of wearing a mask when around others. The change is motivated by science demonstrating that the majority of SARS-CoV-2 transmission occurs early in the course of illness, generally in the 1-2 days prior to onset of symptoms and the 2-3 days after. Therefore, people who test positive should isolate for 5 days and, if asymptomatic at that time, they may leave isolation if they can continue to mask for 5 days to minimize the risk of infecting others.

Additionally, CDC is updating the recommended quarantine period for those [exposed to COVID-19](#). For people who are unvaccinated or are more than six months out from their second mRNA dose (or more than 2 months after the J&J vaccine) and not yet boosted, CDC now recommends quarantine for 5 days followed by strict mask use for an additional 5 days. Alternatively, if a 5-day quarantine is not feasible, it is imperative that an exposed person [wear a well-fitting mask](#) at all times when around others for 10 days after exposure. Individuals who have received their booster shot do not need to quarantine following an exposure, but should wear a mask for 10 days after the exposure. For all those exposed, best practice would also include a test for SARS-CoV-2 at day 5 after exposure. If symptoms occur, individuals should immediately quarantine until a negative test confirms symptoms are not attributable to COVID-19.

WVSA RTP Policy Update: It is recommended that: Masks are not required by WVSA for Fully Vaccinated Persons. Persons not fully vaccinated may continue to follow all WVSA RTP Policies. WVSA members will not be required to show vaccination status but are asked to follow the guidelines that apply to them. These policies may be modified in response to the changing virus situation and policies of local Health Departments and the WV Governor.

Fully vaccinated is two weeks after the 2nd dose of Pfizer or Moderna or 2 weeks after a shot of Johnson and Johnson. Restrictions on sharing of drinks and food by teams should still be followed. Booster shots are recommended.

WVSA member clubs may have more restrictive policies and all WVSA members must follow policies of all venues and county Health Departments. Contact Tracing and quarantine requirements may differ from county to county. The regulations of a member's county of residence must be followed.



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WVSA will continue to monitor information and policy updates from the Governor's Office. And will keep everyone updated. All participants must complete the WVSA Screening Tool on paper or online for each event. All policies of events and venues, Local and County Health Department policies must be followed. Here is a form to be used by WVSA clubs to report COVID issues:

<https://www.surveymonkey.com/r/DWGJC2S>

If you have any questions or concerns on how to proceed, please contact WVSA Executive Director, Dave Laraba, at dave@wvsoccer.net