



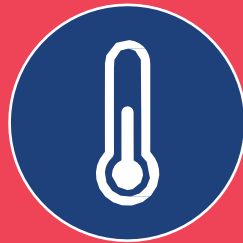
REDUCE THE SPREAD

Be aware there are risks of exposure, directly or indirectly, arising out of, contributed to, by, or resulting from an outbreak of any and all communicable disease, including but not limited to, the virus "severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)", which is responsible for Coronavirus Disease (COVID-19) and/or any mutation or variation thereof.

The CDC outlines the following items as important in reducing COVID-19.



Wash hands with soap and water frequently.



Do not attend practice or game if not feeling well.



Cover coughs and sneezes.



Per public health recommendations wear masks except when playing.



Avoid touching your face.



Follow all CDC guidelines as well as those of your local health authorities.



No sharing of water bottles, snacks, or equipment.



Physical distancing should be observed by players when possible and by all others at all times.

For more information regarding COVID-19 best practices, visit:
<https://www.cdc.gov/coronavirus/2019-ncov/community/>